

Where is the restroom...everyone?





Ty Taylor, ALEP
Director, Brailsford and
Dunalvey
ttaylor@bdconnect.com



Heidi Neumueller, AIA, LEED AP Associate Principal, Cuningham hneumueller@cuningham.com

# Agenda

- 01 What Are Individual and Private Restrooms?
- 02 Key Design Components
- 03 Community Engagement Process
- 04 Building Code + Individual and Private Restrooms
- 105 Year 1: Security and Safety Survey at Johnson High School
- 06 Benefits
- 07 Discussion + Questions

# Objectives

#### **Objective 1:**

Identify the key design components of Individual and Private restroom design and the various challenges with current codes and nomenclature and identify ways to program individual and private restrooms in your k12 and Community College projects.

#### **Objective 2:**

Learn the importance and benefits of individual and private restroom design and its impact on promoting inclusivity, privacy, and safety for all users.

#### **Objective 3:**

Learn the community engagement process in designing Individual and Private restrooms for PK-12 and Higher Education learning environments and learn ways to respond to community criticism, and why are they individual and private, not all gender.

# What are Individual and Private Restrooms?

Individual and Private restrooms are single-stall restrooms providing universal services to all.

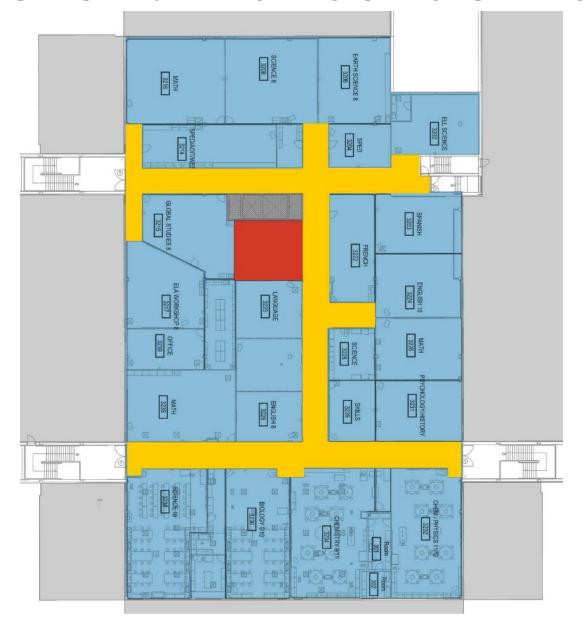
Like at home.

# Key Design Components

# **Key Design Components**

- 1. Location
- 2. Visibility + Openness
- 3. Full Height Walls, Doors, and Hardware
- 4. Mechanical, Electrical, and Plumbing

## Location: Humboldt HS Former Plan



**LOCATION KEY** 

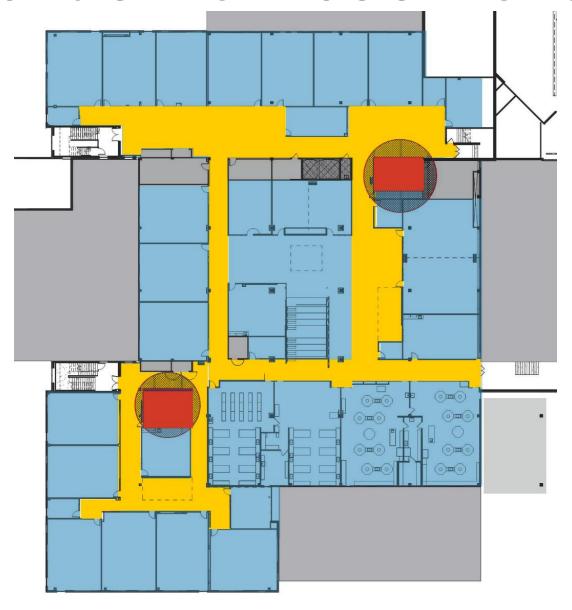
**RESTROOMS** 

**LEARNING SPACES** 

**CIRCULATION** 

UTILITIES + STORAGE

# Humboldt HS Post Remodel Plan



**LOCATION KEY** 

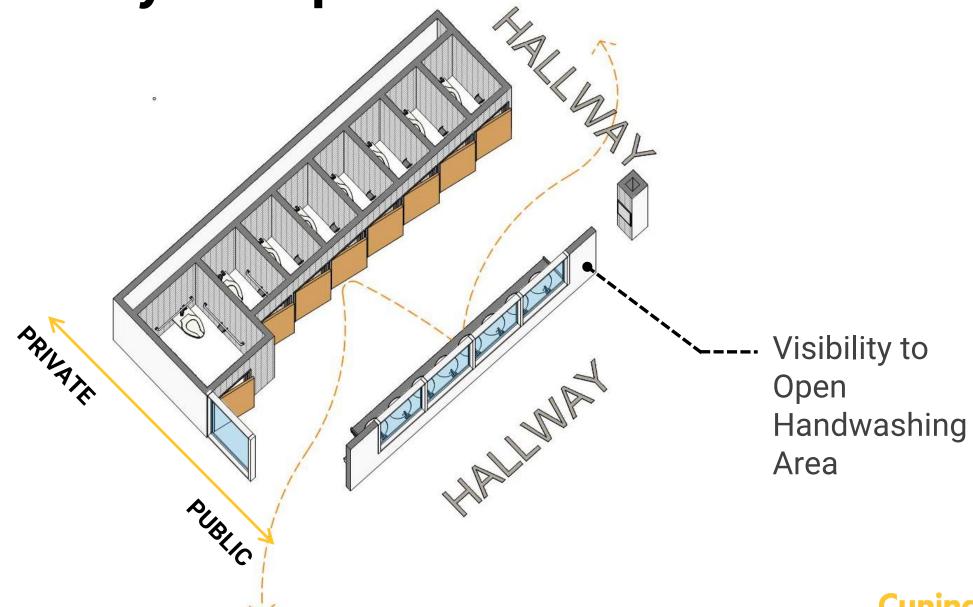
**RESTROOMS** 

**LEARNING SPACES** 

**CIRCULATION** 

UTILITIES + STORAGE

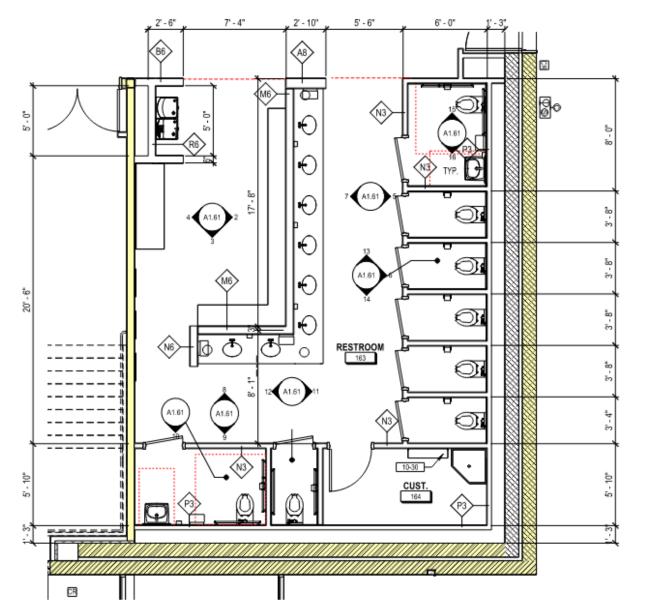
Visibility + Openness







# South CTA Model







Cuningham

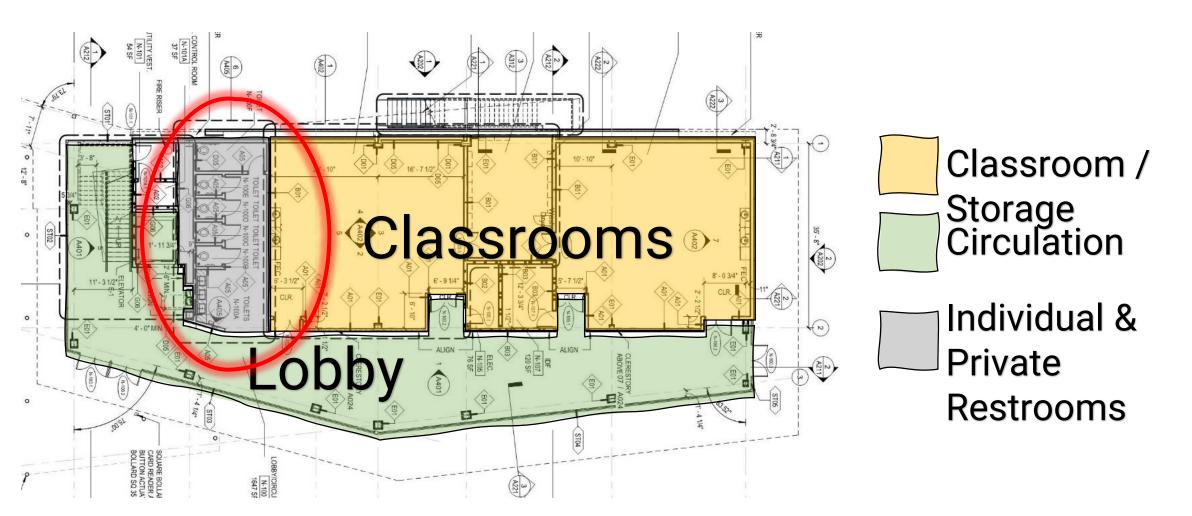




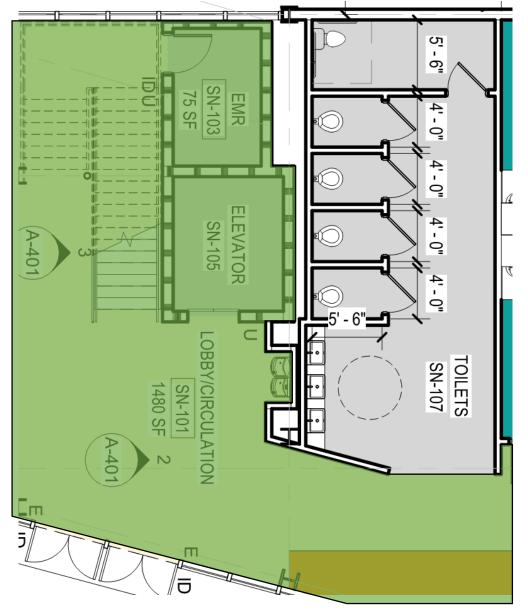
# Evergreen Community College San Jose, CA (Nursing)



# Single Entry Model



# Single Entry Model



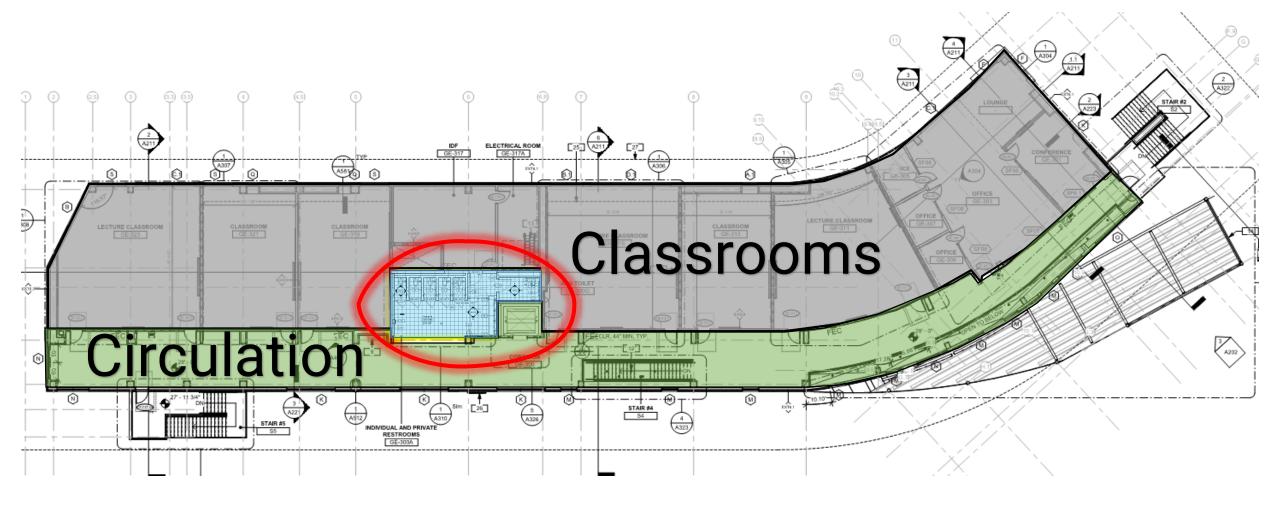
#### **Features:**

- All doors are visible from the hallway
- There is no door in/out, just a change of floor materials
- Mirror, sink, and countertop space provided
- Circulation width inside the bathroom can host two wheelchairs passing
- More plumbing count than required by code, but less count than having a female/male separated plan.

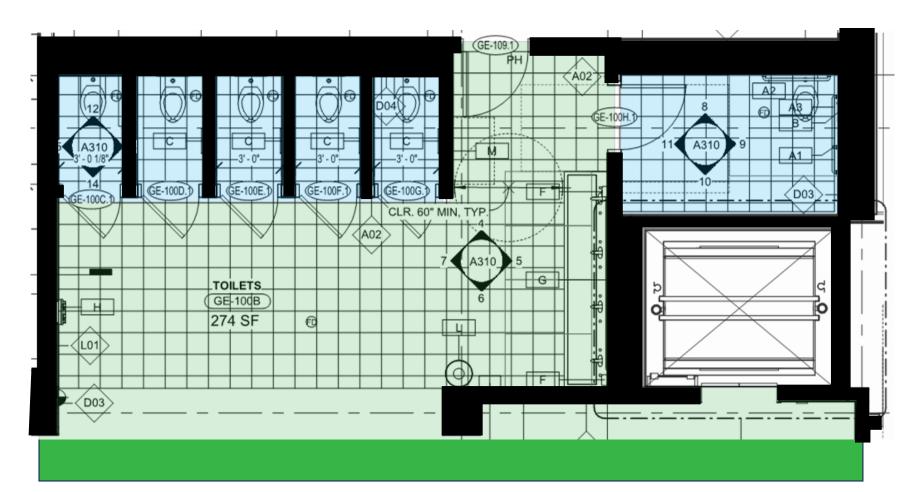




# Corridor Expansion



# Corridor Expansion



#### **Features:**

- Feels like an extension of the hallway
- All bathroom doors are visible from the hallway
- No door in/out
- Mirror, sinks, and counter tops provided in a more private space

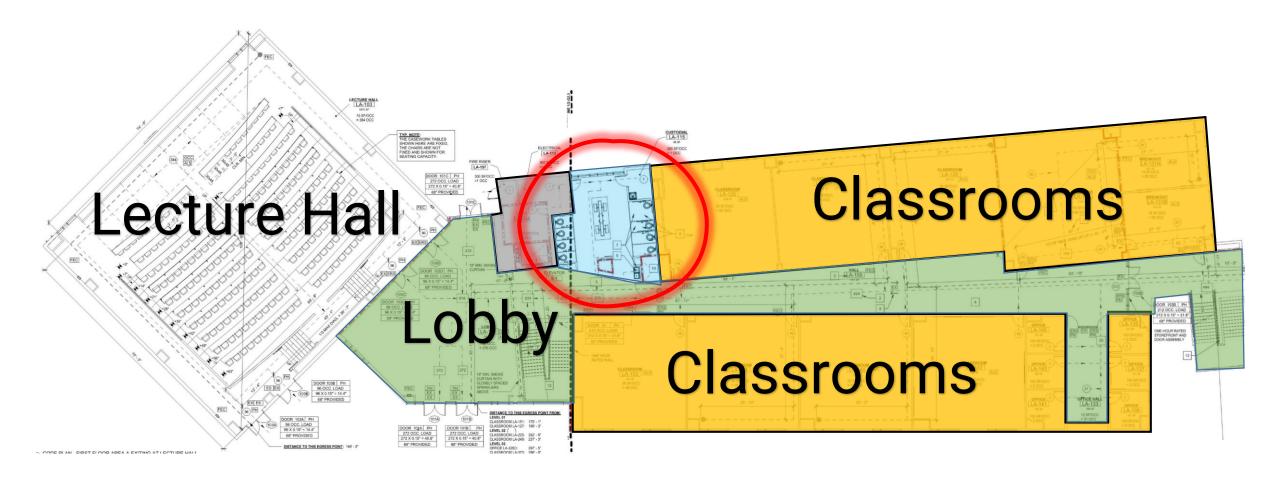




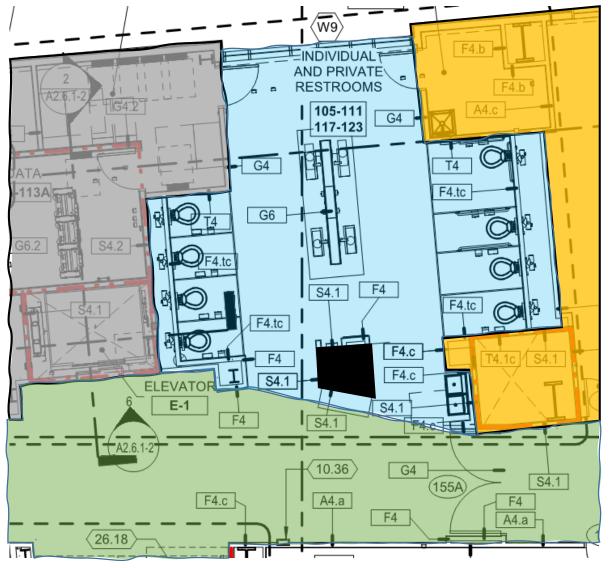
# Evergreen Community College San Jose, CA (Language Arts)



## Horseshoe Model



# Horseshoe Model

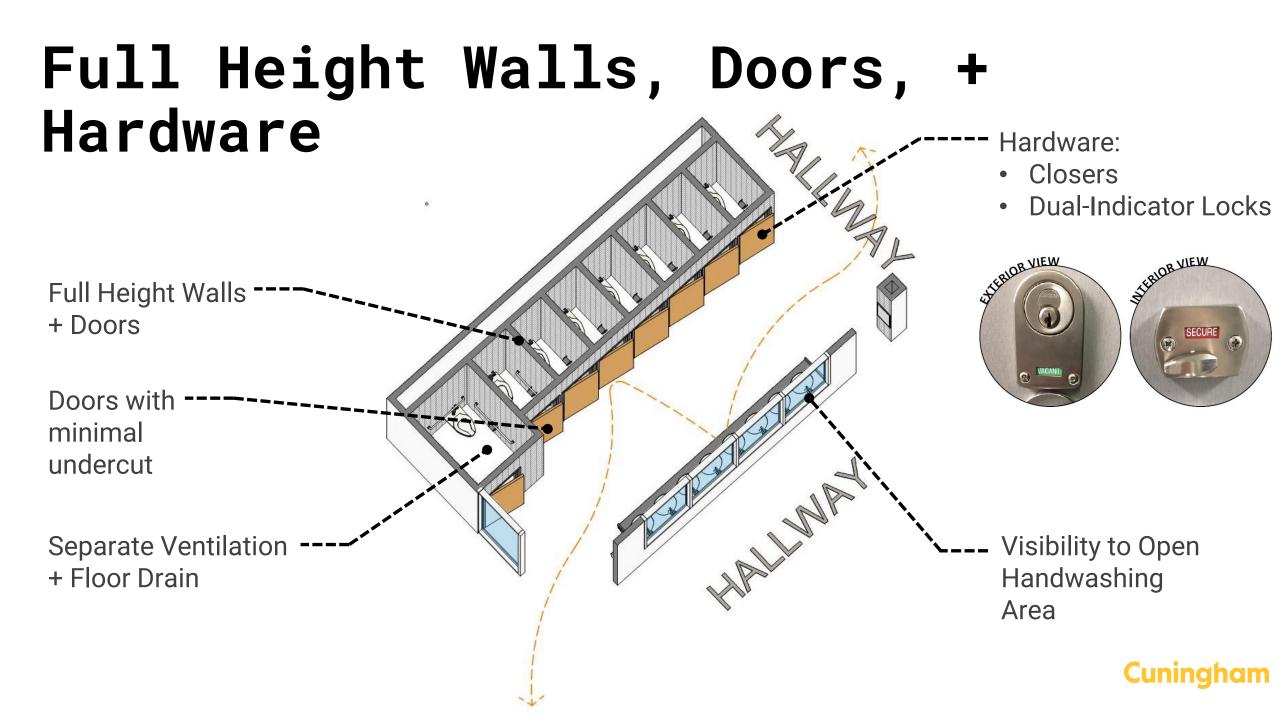


#### **Features:**

- All restroom doors are visible from the hallway
- There is no door in/out, just a change of materials
- Mirror, sink, and countertop space provided
- Circulation width inside the bathroom can host two wheelchairs passing
- More plumbing count than required by code, but less count than having a female/male separated plan
- Desired horseshoe shape achieved
- Large floor to ceiling window wall provides natural filtered light









# **Dual Indicator Locks**

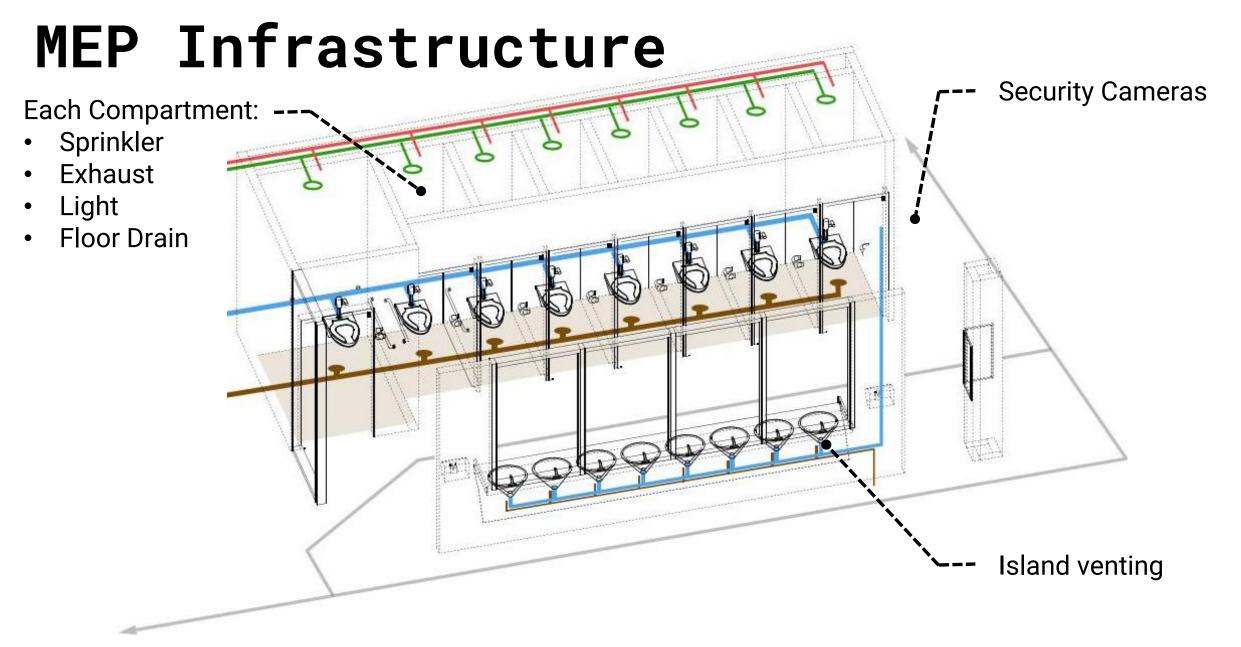


**OUTSIDE BATHROOM VIEW** 



**INSIDE BATHROOM VIEW** 

**Cuningham** 



Community Engagement Process: Pre-Occupancy Survey How safe do you feel using the traditional restroom (Separated male and female group restrooms), shown below?



- Very Safe
- Somewhat Safe

- Somewhat Safe
- Very Unsafe

Neutral

# Very Safe

# Somewhat Safe

### Neutral

# Somewhat Unsafe

Very Unsafe

How safe do you feel using the traditional restroom (Separated male and female group restrooms), shown below?



- Very Safe
- Somewhat Safe
- Neutral

- Somewhat Safe
- Very Unsafe
- ıtral

35%

36%

18%

8%

3%

Very Safe

Somewhat Safe

Neutral

Somewhat Unsafe

Very Unsafe

68%

How safe do you feel using an individual, private, single person restroom, shown below?



17%

10%

4%-

1%

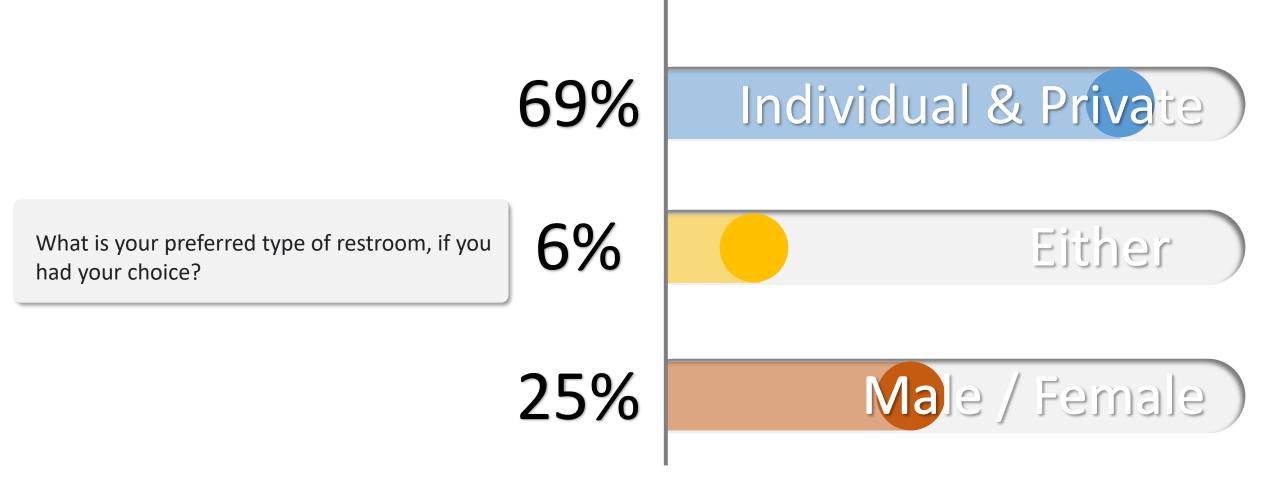
#### Very Safe

Somewhat Safe

Neutral

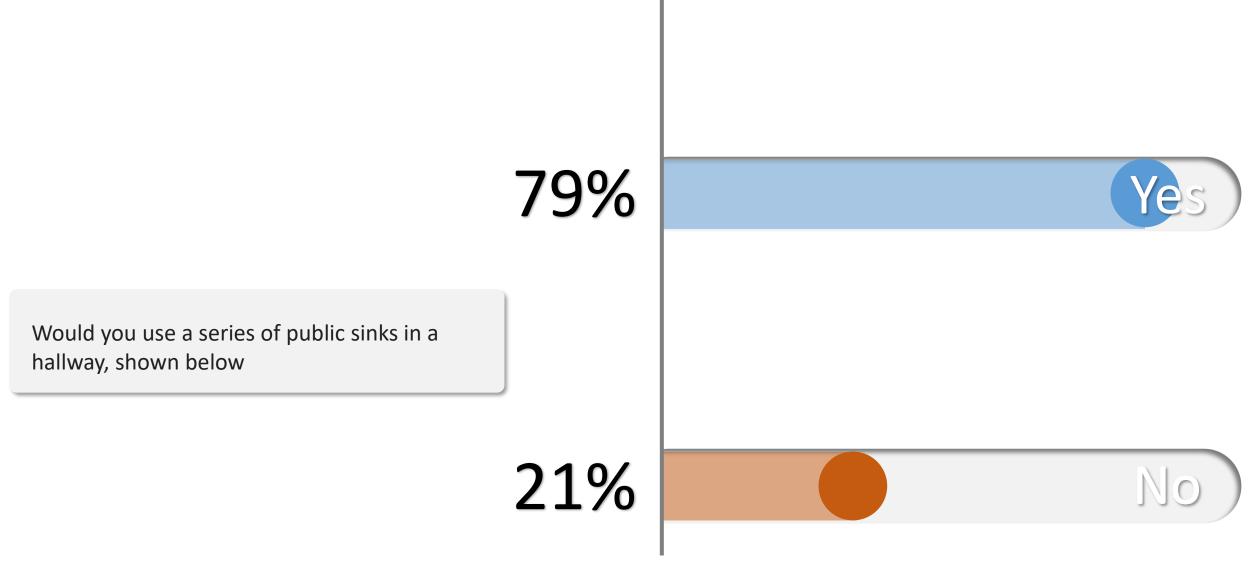
Somewhat Unsafe

Very Unsafe

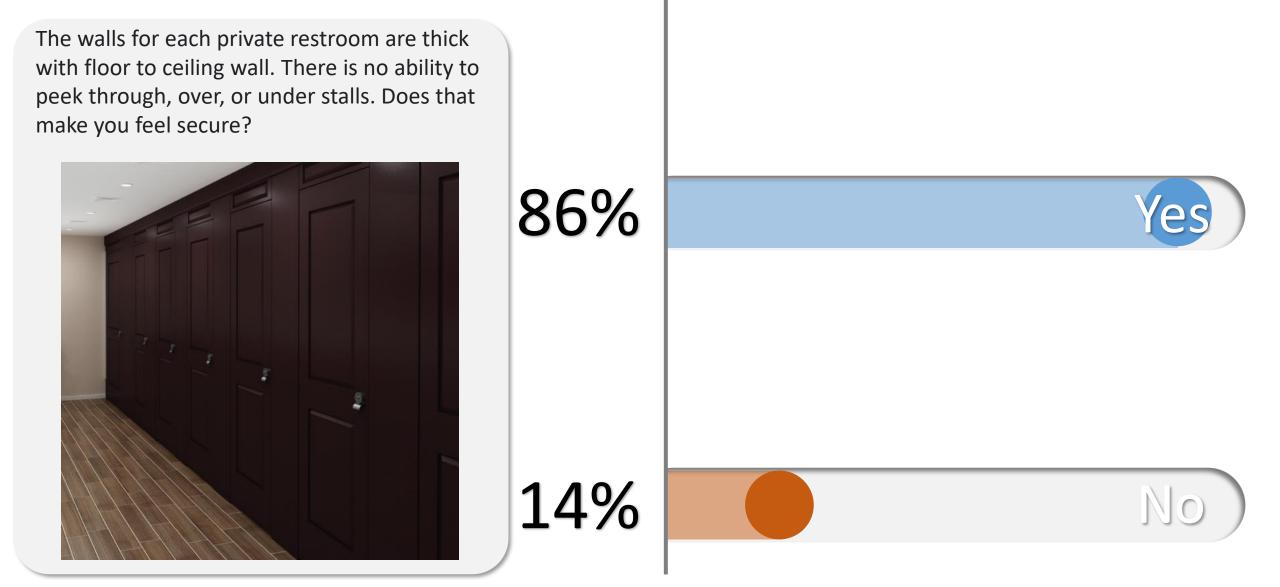


85% report safe or very safe in an individual & private bathroom, but 75% report this would be their preferred bathroom type.

\*\* BRAILSFORD & DUNLAVEY



Most common comments for no include a need for space to do private face care in a mirror and a place to set down a bag or purse without it getting wet.



85% report safe or very safe in an individual & private bathroom, 75% report this would be their preferred bathroom type, and 86% feel this is a secure solution BRAILSFORD & DUNLAVEY

17%

Very Safe

18%

Somewhat Safe

Having restroom doors that can be seen from the hallway makes me feel: 45%

Neutral

14%

Somewhat Unsafe

6%

Very Unsafe

Knowing the door to the restroom stall has no gaps and is lockable on the inside makes me feel:

58%

23%

Very Safe

Somewhat Safe

This question is a rewording of question 5 as a confirmation check. Q5 resulted in 86% feeling safe and this question resulted in 81% feeling safe. Consistent

11%

7%

1%

Neutral

Somewhat Unsafe

Very Unsafe

results.

Knowing that an all-inclusive restroom is a private room, with floor to ceiling separation, and locks from the inside makes me feel:

56%

Very Safe

19%

Somewhat Safe

This question resulted in a 10% drop in perceived safety and an 2x increase in perceived danger. The only words that changed were "individual & private" became "all-inclusive."

14%

8%+

3%

Neutral

Somewhat Unsafe

Very Unsafe

#### Self-actualization

Desire to become the most that one can be

#### Esteem

Respect, self-esteem, status, recognition, strength, freedom

#### Love and belonging

Friendship, intimacy, family, sense of connection

# Safety needs Personal security, employment, resources, health, property

#### Physiological needs

Air, water, food, shelter, sleep, clothing, bathroom

Maslow's Hierarchy of Needs



# Building Code + Individual and Private Restrooms

Case Study: Alternative Code Compliance at Saint Paul Public Schools

# Reaching Alternative Compliance @ SPPS: 2012 IBC

- 1. Separate Facilities
- 2. Accessible Routes
- 3. Accessibility
- 4. Signage

With the 2021 IBC, an alternative compliance for separate facilities is no longer required.

#### Chapter 29: Separate Facilities

# "Where plumbing fixtures are required, separate facilities shall be provided for each sex"

Chapter 29: Accessibility, Section 2902.2

With the 2021 IBC, an alternative compliance for separate facilities is no longer required.

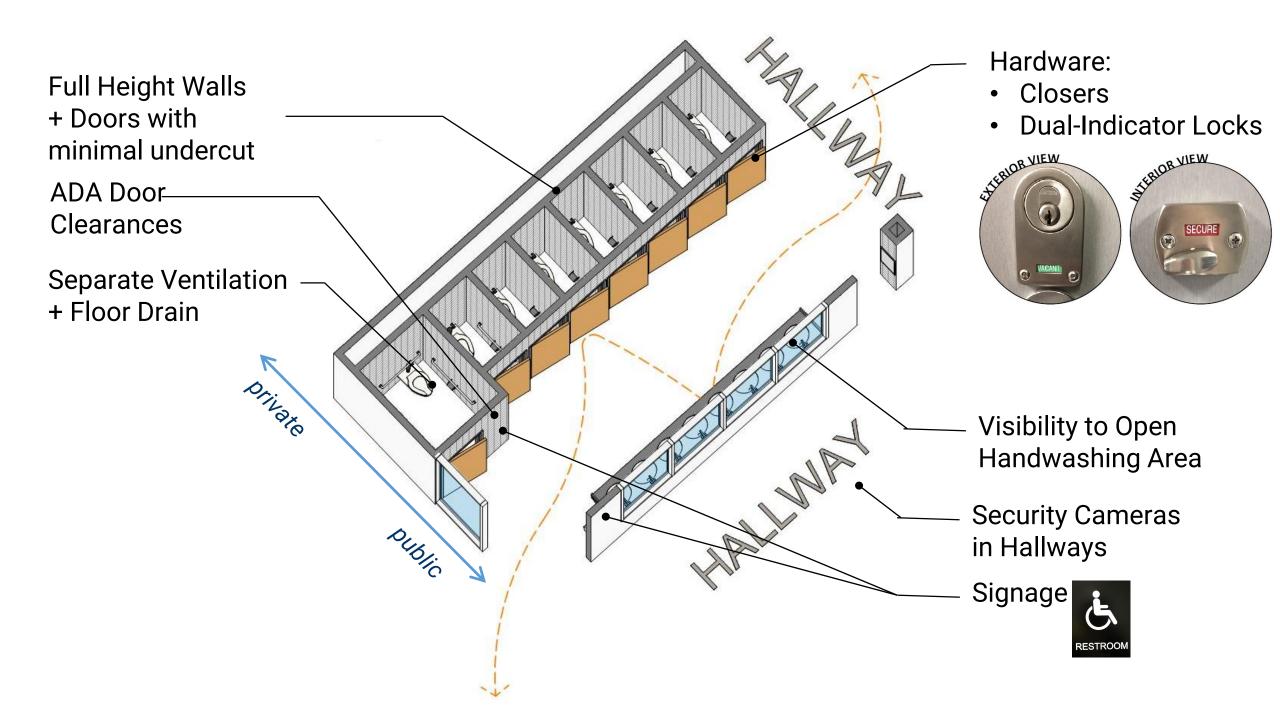
#### Chapter 29: Separate Facilities

The intent of the code for providing separate facilities for each sex is written in the code commentary,

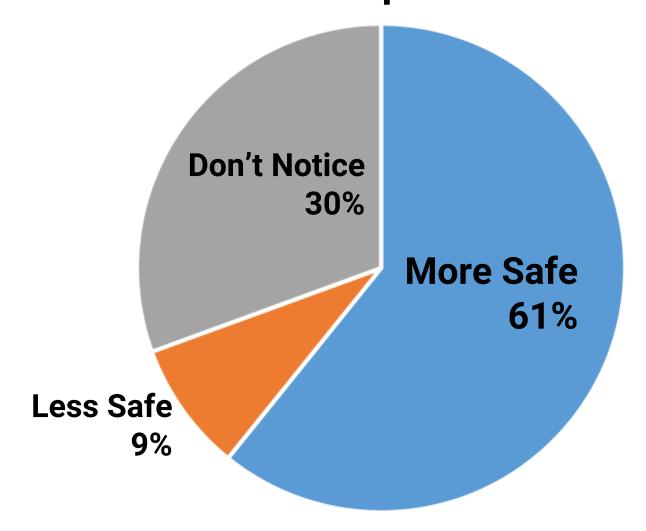
"The separate facilities requirement for males and females addresses two main concerns: privacy and safety."

2012 IBC Code Commentary, 29-13





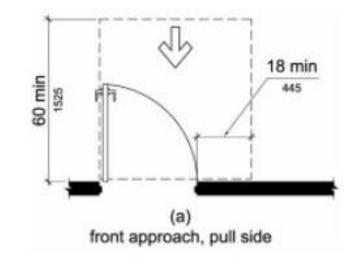
# Do you feel the inclusive restrooms are more or less safe than the previous restrooms?

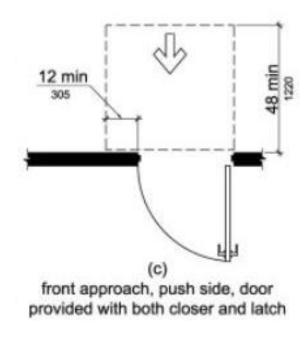


#### Chapter 4: Accessible Routes

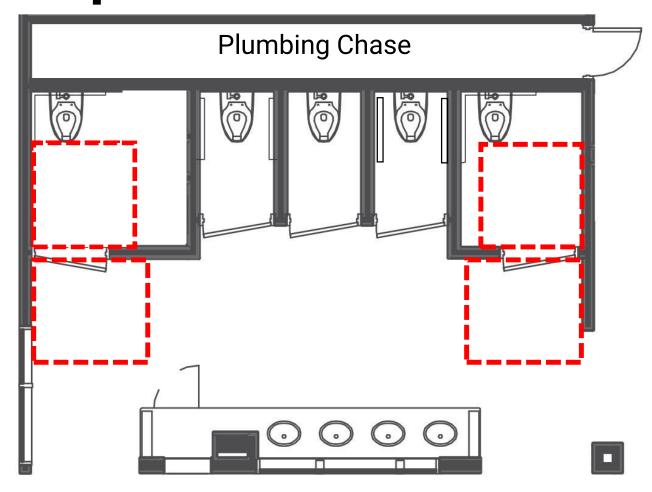
"Swinging Doors shall have maneuvering clearances complying with Table 404.2.3.2."

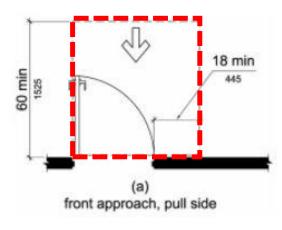
Chapter 4, Table 404.2.3.2

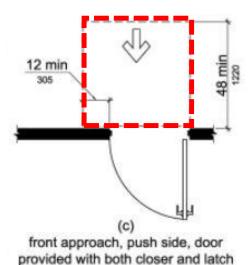




#### Chapter 4: Accessible Routes







https://codes.iccsafe.org/public/document/FAC2017/chapter-4-accessible-routes

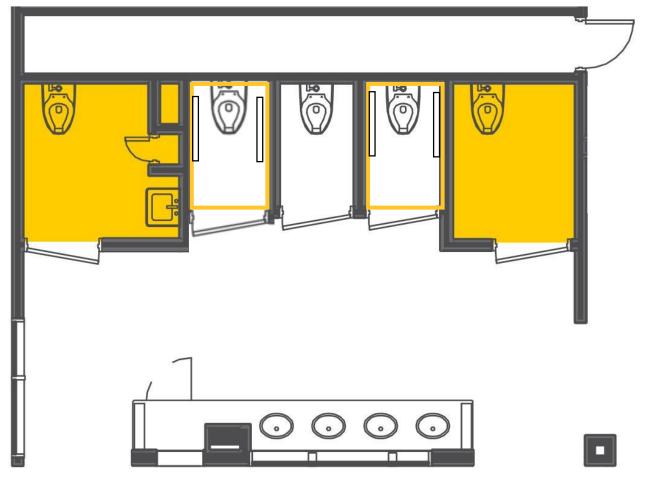
#### Chapter 11: Accessibility

"Where multiple single-user toilet rooms or bathing rooms are clustered at a single location, at least 50 percent but not less than one room for each use at each cluster shall be accessible."

Chapter 11: Accessibility, Section 1109.2 Exception 3

#### Chapter 11: Accessibility





**Accessible** 

**Ambulatory** 

#### Chapter 11: Accessibility



#### **SCENARIO 2: After Hours / Weekend Special Events**

4. Special Event Occupant load

	Capacity	Required	
Auditiorium	1000		3
Pool	232		2
Spectator Gym	864		3

Total 8 Required

# Accessible

Seats

ADA Restroom Stalls Provided

13 Provided

Cuningham

#### Chapter 29: Signage

"Required public facilities shall be designated by a legible sign for each sex. Signs shall be readily visible and located near the entrance to each toilet facility..."



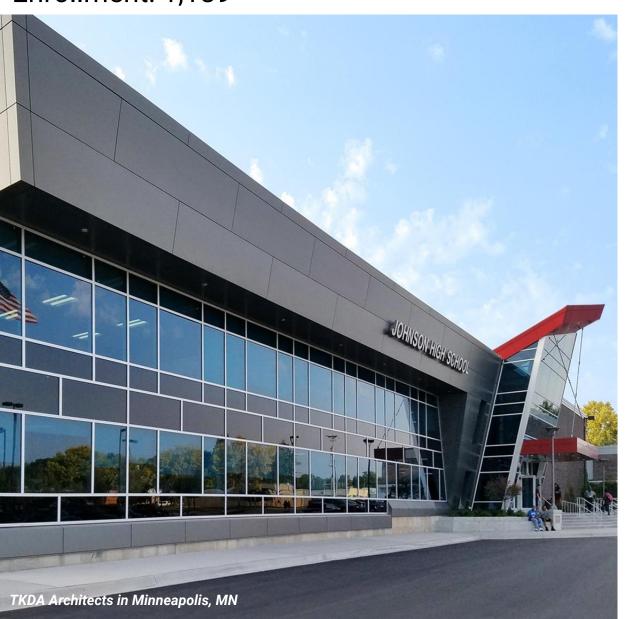
https://codes.iccsafe.org/content/IBC2021P2/chapter-29-plumbing-systems#IBC2021P2\_Ch29\_Sec2902.4

# Post Occupancy Survey

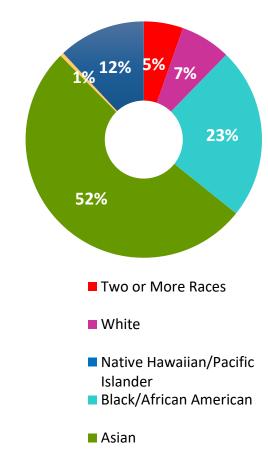
#### **Johnson High School At a Glance\*:**

Grades: 9-12

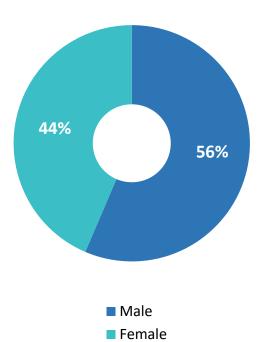
Enrollment: 1,189

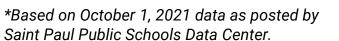


## Student Race/Ethnicity

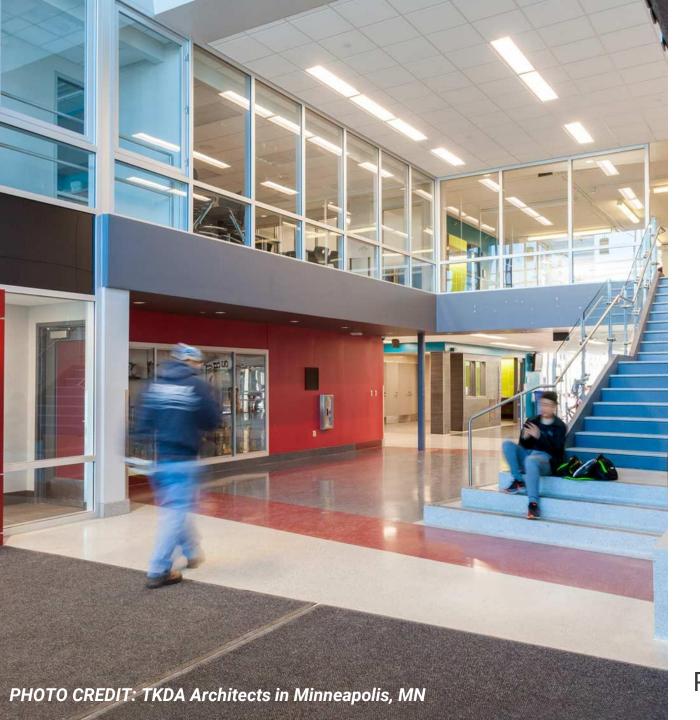


### **Student Gender**



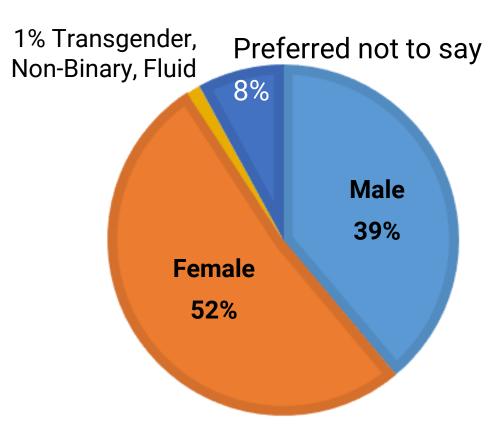






#### The DATA:

Responses: Nearly 800 of 1,200 students

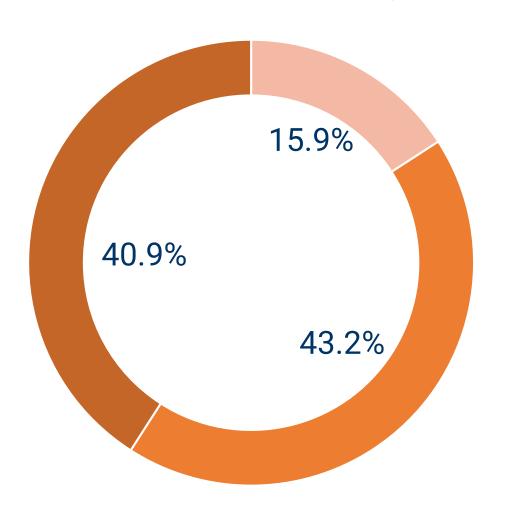


Post Occupancy Survey

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# If you were a student at Johnson High School before the renovation, do you prefer the new restroom design over the previous, gender separated design?

"It took 2 hours before students became blasé about in the restrooms." Assistant Principal

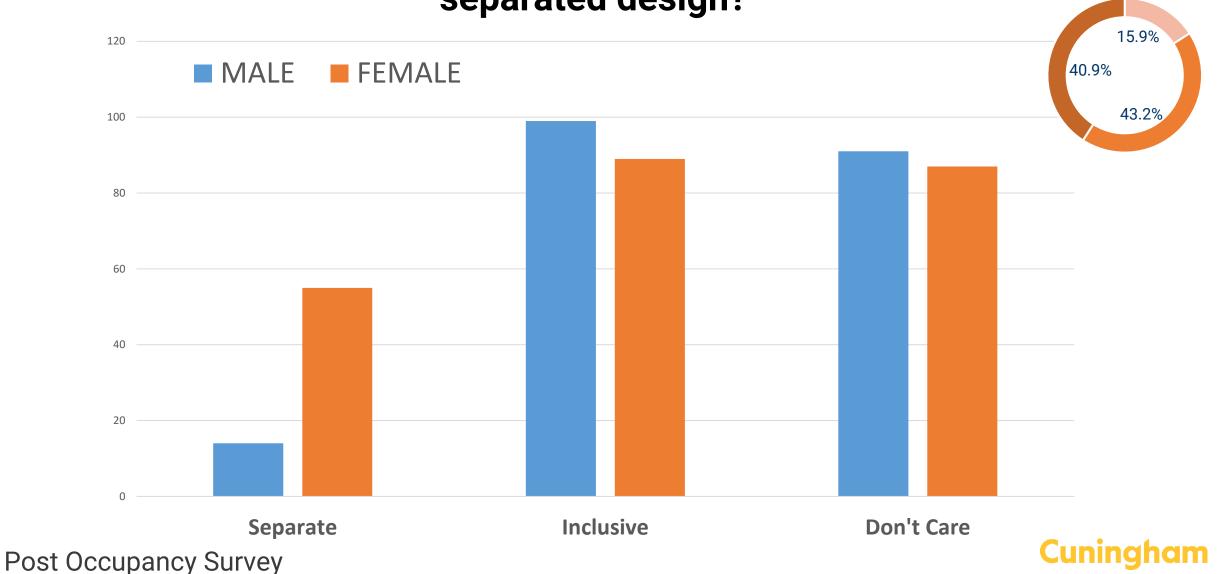


**Inclusive Restrooms** 

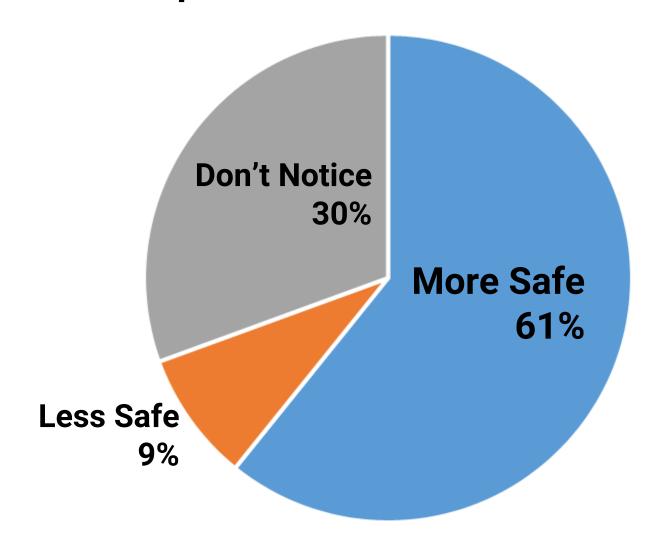
Don't Care

Segregated Restrooms

If you were a student at Johnson High School before the renovation, do you prefer the new restroom design over the previous, gender separated design?



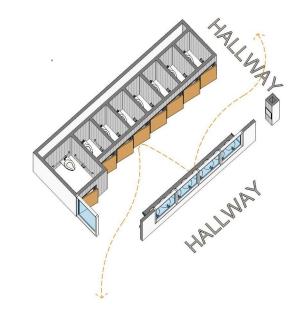
## Do you feel the inclusive restrooms are more or less safe than the previous restrooms?



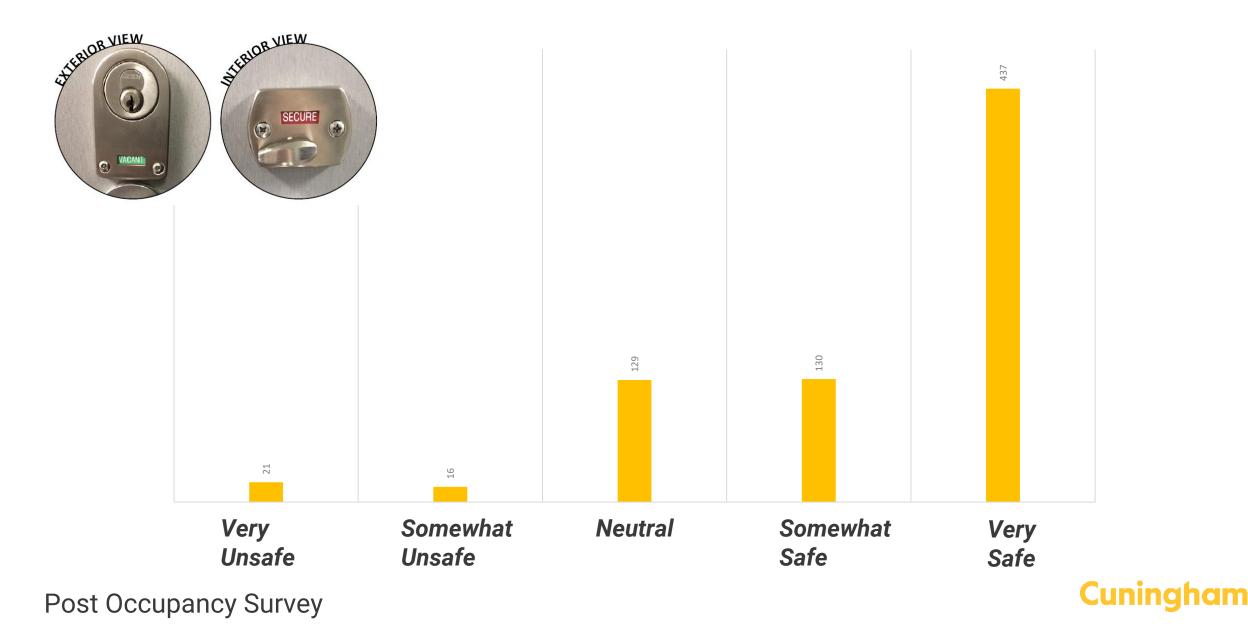
#### Having a / an.....makes me feel:

- 1. Stall Doors that Can be Seen From the Hall
- 2. Access to Individual Bathrooms
- 3. Security Cameras in the Hallways
- 4. Window Above the Sink Area
- 5. Mirrors on Columns
- 6. Knowing the Bathroom Doors are Locked From Inside

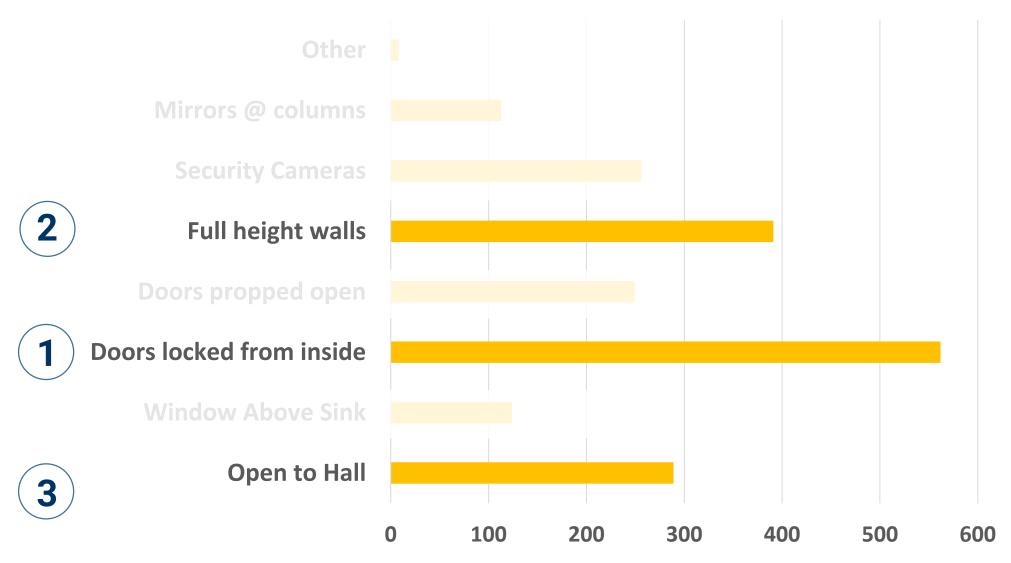




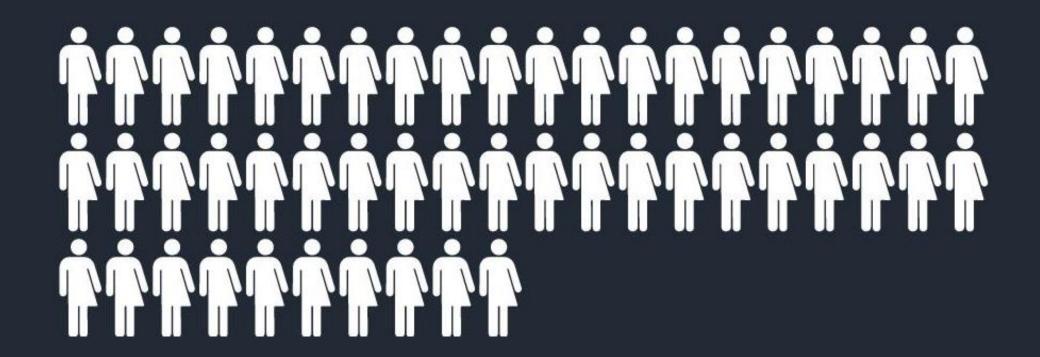
#### Knowing the bathroom doors are locked from the inside makes me feel:



## What TOP 3 features are MOST important for safety in the design of Inclusive Restrooms:

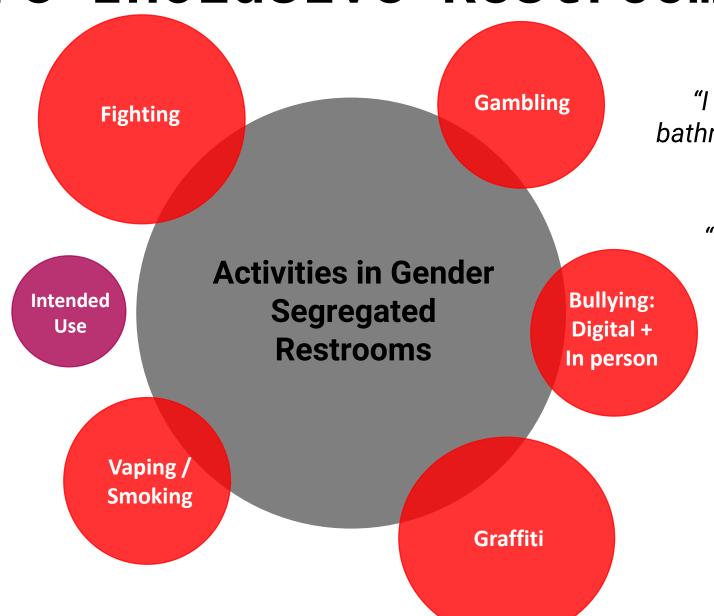


INDIVIDUAL AND PRIVATE RESTROOMS BENEFIT MORE THAN TRANSGENDER, NON-BINARY, FLUID SCHOLARS





#### Pre-Inclusive Restrooms @ SPPS



"I didn't feel like I wanted to use the bathroom, I would wait until I would go home" – SPPS Student

> "The old bathrooms were dark and gloomy" – SPPS student

"Traditional bathrooms have a sort of public and a private space, and in the public space... that is where the problems were for personal bullying" – SPPS Administrator

#### Post-Inclusive Restrooms @ SPPS



"There is a lot more privacy, and you just feel comfortable. And you just don't have to worry about little things you would have to worry about in a traditional bathroom." – SPPS Student

"There's no place to bully kids in the physical sense now because we can see it." – SPPS Student

During the past "TikTok"
Bathroom Challenge, the only
restrooms that suffered damage
in the SPPS District were gender
segregated restrooms.

Cuningham

#### TikTok

**♂**TikTok

Search

Se Following

Explore New

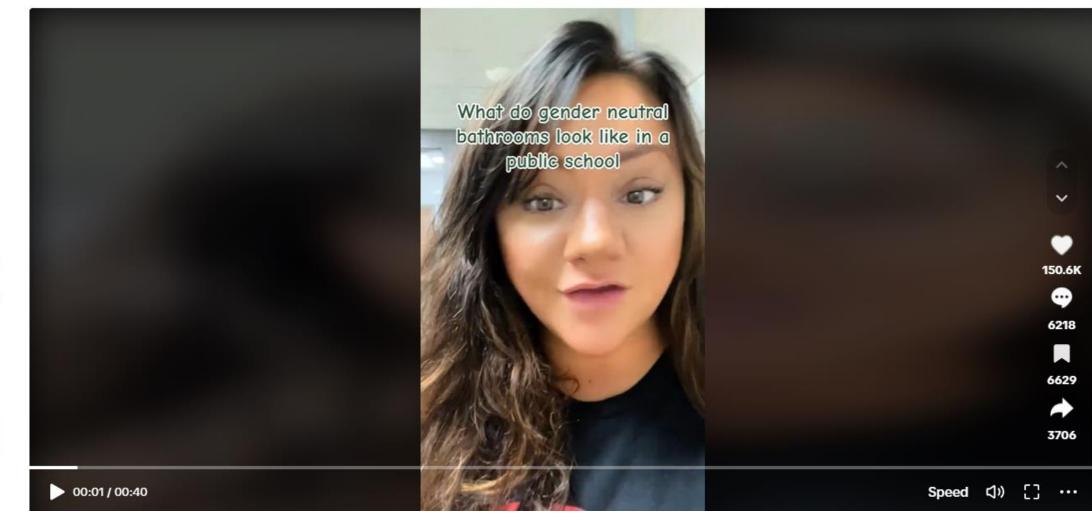
LIVE

Log in to follow creators, like videos, and view comments.

Log in

Create effects

About Newsroom Contact Careers



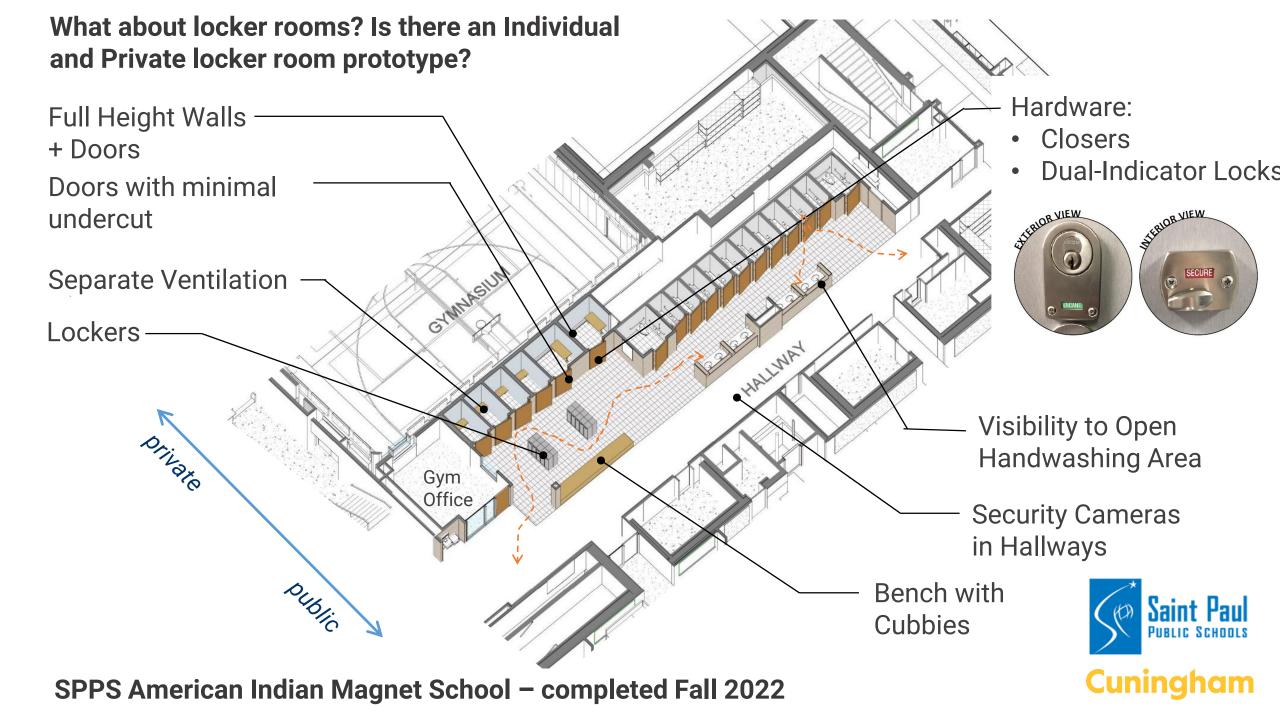
#### Oakland Unified School District

We have real climate and culture issues in our bathrooms. Students are doing drugs, there are fights, they are not using the space for its intended use.

I think the additional cost is worth the safety.

-Preston Thompson, OUSD

# Frequently Asked Questions



# How does the maintenance of Individual and Private restrooms differ from gender segregated?

We have heard both anecdotally and through post-occupancy interviews that Individual and Private restrooms require more frequent cleaning than their gender segregated counterparts.

However, this is because the Individual and Private restrooms are utilized more. Ultimately, this is a good thing, as it means the Individual and Private model is helping students meet their health and wellness needs.



# Have there ever been incidents of boys and girls in the same compartment?

While there have been incidents of boys and girls (and two students of the same gender) in the same compartment, these incidents actually occur much less frequently than in the previous gender segregated models.

Additionally, because the Individual and Private model is more open to hallways, this type of behavior is easier to notice and correct.



### How do I talk about this model to those that are hesitant?

An effective way to guide how parents and students think about the Individual and Private restroom model prior to their construction is to point out that this model is no different than the restroom at home.

Additionally, using a three-dimensional (physical or digital) model is helpful in communicating the attributes of this model.



# Why are we designing for the LGBTQ+ community when they represent a small part of our society?

This model benefits ALL students.

Beyond the inherent safety and security benefits of this model, the following additional benefits for students include:

- Satisfying physiological needs is fundamental to achieving growth in Maslow's
  Hierarchy of Needs. Being able to use the restroom to tend to bodily functions is
  a physiological need, for everyone.
- Reduction in negative incidents related to restrooms, including bullying, gambling, fighting, predatory digital images, vaping and graffiti
- Provision of equitable access to all (supports Diversity, Equity, and Inclusion)
- Increased sense of safety as restrooms are visible and provide passive security
- Ability for caretakers (parents, elderly, students with disabilities) of opposite genders to have a space for toileting activities (schools are often centers of community activity)
- Increased opportunities for Social Emotional Support
- Health and Wellness benefits as restrooms are being utilized more often



### What hardware group is used to support this model?

Important to the success of this model are dual indicator locks and door closer that hold the door open 10 degrees when not in use signaling the compartment is open.

DESCRIPTION	CATALOG	NUMBER	MFR
HINGE	AS REQUIRED		IVE
CORRIDOR LOCK W/ IND.	L9456 L583-363 L2	283-722	SCH
INSIDE INDICATOR TRIM	L283-711		
SURFACE CLOSER	4111 TELE EDAW/	62G SRI ST-2730	LCN
OH STOP	90S		GLY
KICK PLATE	8400 10"		IVE
GASKETING	188S		ZER
COAT HAT AND HOOK	582		IVE
	HINGE CORRIDOR LOCK W/ IND. INSIDE INDICATOR TRIM SURFACE CLOSER OH STOP KICK PLATE GASKETING	HINGE CORRIDOR LOCK W/ IND. INSIDE INDICATOR TRIM SURFACE CLOSER OH STOP KICK PLATE GASKETING  AS REQUIRED L9456 L583-363 L2 L283-711 4111 TELE EDAW/ 90S 8400 10" 188S	HINGE CORRIDOR LOCK W/ IND. INSIDE INDICATOR TRIM SURFACE CLOSER OH STOP KICK PLATE GASKETING  AS REQUIRED L9456 L583-363 L283-722 L283-711 L283-711 4111 TELE EDAW/62G SRI ST-2730 90S RICK PLATE 188S

FUNCTION: (F13) KEYED PRIVACY LOCK WITH INDICATOR. OUTSIDE LEVER LOCKED/UNLOCKED BY OUTSIDE KEY OR INSIDE THUMB TURN. DEADBOLT THROWN/RETRACTED BY OUTSIDE KEY OR INSIDE THUMB TURN. TURNING INSIDE LEVER RETRACTS DEADBOLT AND UNLOCKED OUTSIDE LEVER.

INSIDE LEVER ALWAYS UNLOCKED. OUTSIDE TRIM INDICATES OCCUPIED/VACANT STATUS. INSIDE TRIM INDICATES LOCKED/UNLOCKED STATUS.



How does the restroom counts compare between gender segregated and individual and private?

In Minnesota, at all locations of gendered restrooms in A occupancies, unisex restrooms must be provided.

OCCUPANCY TYPE	E	Α 🔻	
		Minnesota	
	Difference	Code	Difference: MN
Alexandria Area High School	-1	-4	-5
Humboldt High School	-1	-3	-4
Como High School	-1	-3	-4
Sartell - St. Stephens High School	-1	-4	-5
St. Cloud Technical High School	-1	-5	-6

Individual and private result in less fixtures overall......

# How does the restroom counts compare between gender segregated and individual and private?

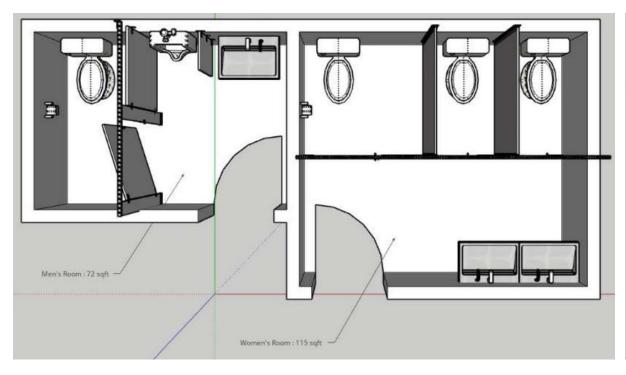
		E Occupancy			
	Capacity*	Gender Se	egregated	All-Inclusive	
		Male	Female		
Alexandria Area High School	1,550	16	16	31	
Humboldt High School	1,350	14	14	27	
Como High School	1,550	16	16	31	
Sartell - St. Stephens High School	1,650	17	17	33	
St. Cloud Technical High School	1,825	19	19	37	

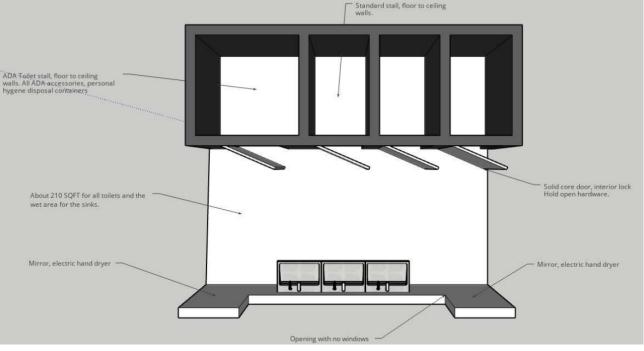
<sup>\*</sup>Capacity includes students + staff.

However, all restrooms are open to everyone, so everyone has access to 2x more fixtures.....Restrooms for ALL.

### Doesn't this model take up more space? No, and less fixtures are needed.

	Non- ADA WC	ADA WC	Lavatories	Total WC	Size
Separated	6	6	9	12	564 SQFT (188 each)
Individual and Private (New)	9	3	9	12	630 SQFT (210 each)





### Are there any additional resources available?

Video of administrators and students discussing their restrooms
<a href="https://www.spps.org/Page/34076">https://www.spps.org/Page/34076</a>





Link to SPPS FAQ

https://www.spps.org/cms/lib/MN01910242/Centricity/domain/13146/inclusive%20restrooms/Restrooms-FAQ-FINAL.pdf

Inclusive Restroom Design – <u>Panel of experts</u> <u>https://vimeo.com/430451538</u>

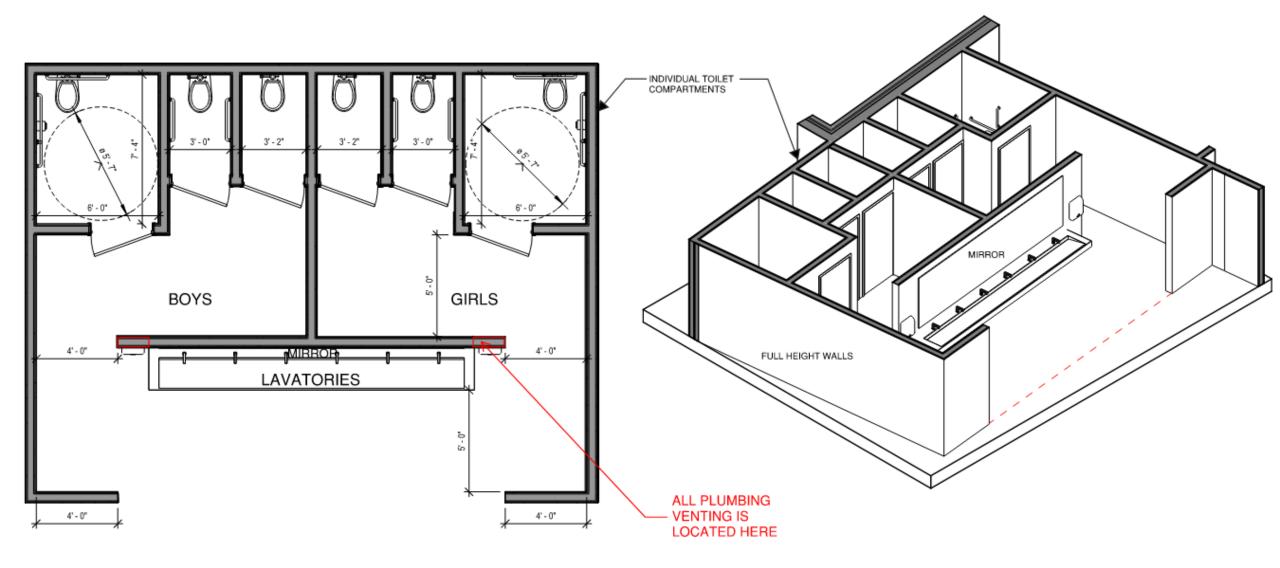
Inclusive Restrooms <u>Research</u> <u>flipdocs.cuningham.com/rsch/18inclsv/</u>

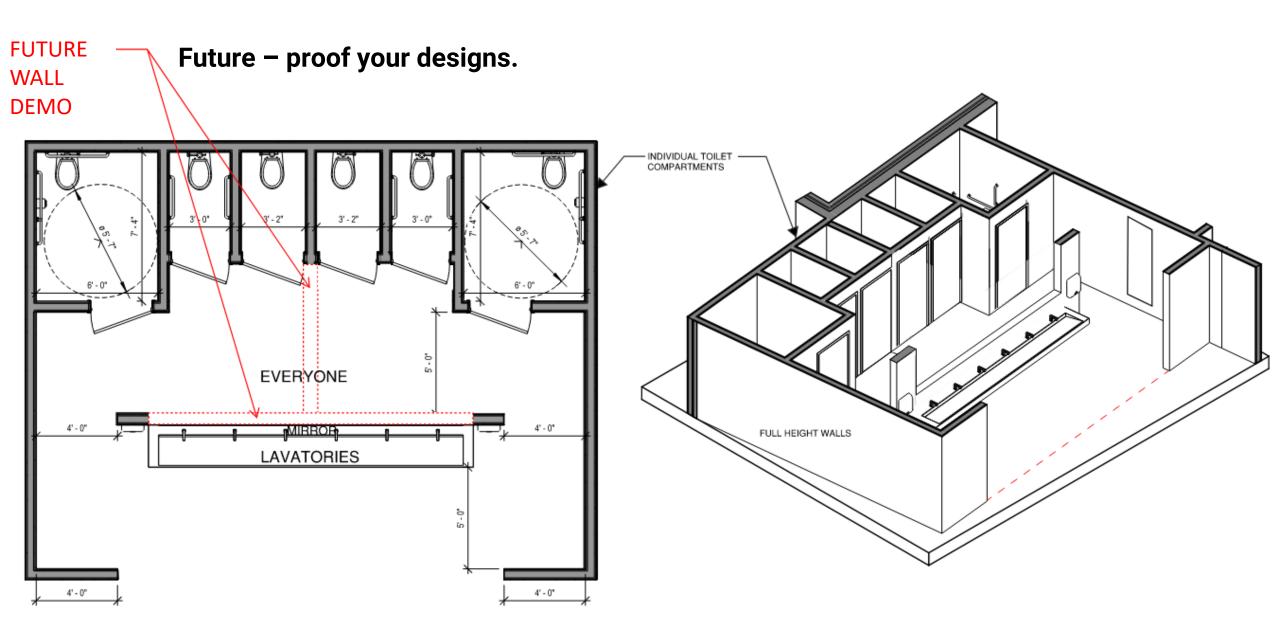
Story in *MplsStPaul Magazine* – Royal Flush: Is the solution to awkward adolescence hiding in the school bathroom?

<a href="https://mspmag.com/arts-and-culture/royal-flush/">https://mspmag.com/arts-and-culture/royal-flush/</a>



### What if you encounter resistance with your Local / State Building Officials?





### We'd love to hear from you!



Ty Taylor, ALEP
Director, Brailsford and
Dunalvey
ttaylor@bdconnect.com



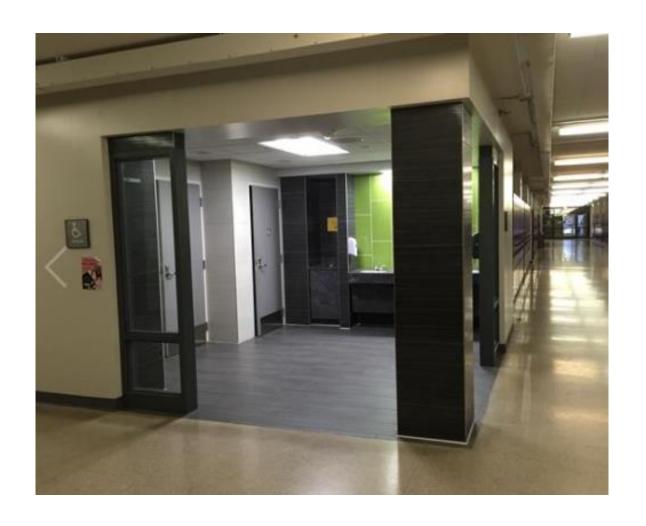
Heidi Neumueller, AIA, LEED AP Associate Principal, Cuningham hneumueller@cuningham.com



# Discussion + Questions Thank you







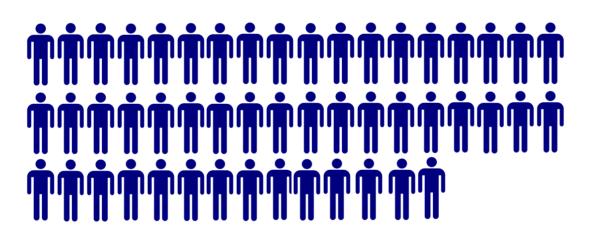


**Inclusive restrooms @ other SPPS Schools** 

## Number of Fixtures E Occupancy



The number of fixtures is equal between genders.





1:50

# Number of Fixtures E Occupancy



# BUT IT'S NOT EQUAL WHEN YOU FACTOR IN TIME.

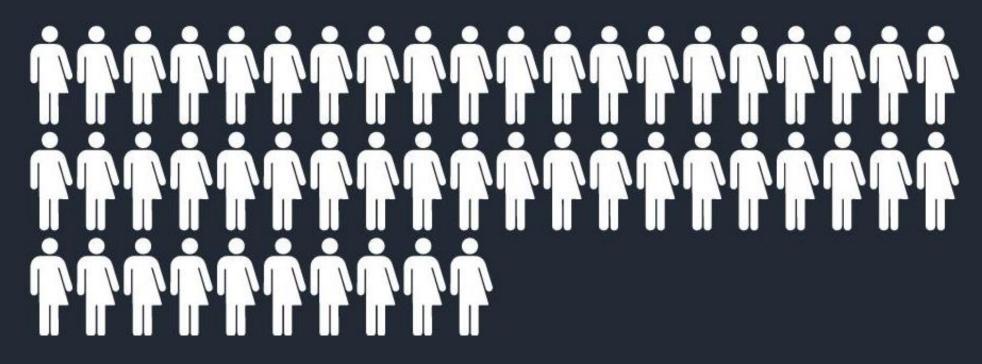
Females spend twice as much time in the bathroom as men. (1999, Gerba)

**†** 1:50





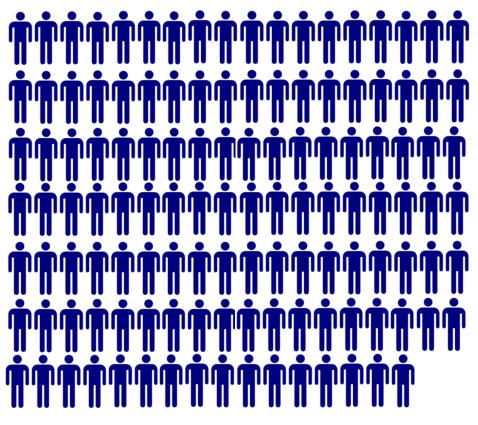
## Number of Fixtures: Inclusive



### **NUMBER OF FIXTURES: ASSEMBLY (A) OCCUPANCY**



### THE NUMBER OF FIXTURES IS GREATER FOR FEMALES.





1:65

# COMPARISON BETWEEN GENDER SEGREGATED + INCLUSIVE RESTROOMS



	A Occupancy				
	Capacity	Gender Segregated		All-Inclusive	Difference
		Male	Female		
Alexandria Area High School	2,428	10	19	29	0
Humboldt High School	3,402	14	27	41	0
Como High School	4,315	18	34	52	0
Sartell - St. Stephens High School	3,523	15	28	43	0
St. Cloud Technical High School	3,600	15	28	43	0

RESULTS ARE EQUAL.

### **2021 ICC**>slowly getting there



2021 International Building Code (IBC)



🕕 Upgrade to Premium

Second Version: Sep 2021

**CHAPTER 29 PLUMBING SYSTEMS** 

### [P] 2902.1.1 Fixture calculations.

To determine the occupant load of each sex, the total occupant load shall be divided in half. To determine the required number of fixtures, the fixture ratio or ratios for each fixture type shall be applied to the occupant load of each sex in accordance with Table 2902.1. Fractional numbers resulting from applying the fixture ratios of Table 2902.1 shall be rounded up to the next whole number. For calculations involving multiple occupancies, such fractional numbers for each occupancy shall first be summed and then rounded up to the next whole number.

### **Exceptions:**

- 1. The total occupant load shall not be required to be divided in half where approved statistical data indicates a distribution of the sexes of other than 50 percent of each sex.
- 2. Where multiple-user facilities are designed to serve all genders, the minimum fixture count shall be calculated 100 percent, based on total occupant load. In such multiple-user user facilities, each fixture type shall be in accordance with ICC A117.1 and each urinal that is provided shall be located in a stall.
- 3. Distribution of the sexes is not required where single-user water closets and bathing room fixtures are provided in accordance with Section 2902.1.2.

### [P] 2902.1.2 Single-user toilet and bathing room fixtures.

The plumbing fixtures located in single-user toilet and bathing rooms, including family or assisted-use toilet and bathing rooms that are required by Section 1110.2.1, shall contribute toward the total number of required plumbing fixtures for a building or tenant space. Single-user toilet and bathing rooms, and family or assisted-use toilet rooms and bathing rooms shall be identified as being available for use by all persons regardless of their sex.

The total number of fixtures shall be permitted to be based on the required number of separate facilities or based on the aggregate of any combination of single-user or separate facilities.

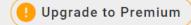
### **2021 ICC>**slowly getting there

While separate facilities are no longer required to be designated by sex. IBC defines the accepted alternative as a room with both water closets and lavatory fixtures.



2021 International Building Code (IBC)





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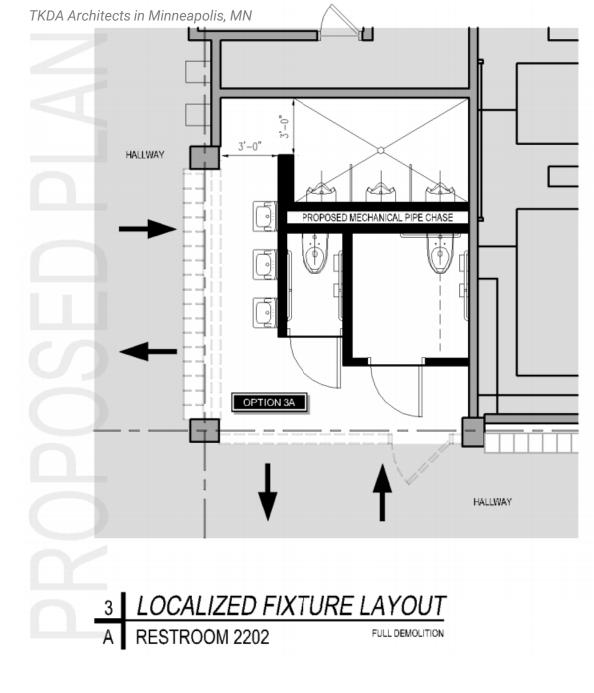
**CHAPTER 29 PLUMBING SYSTEMS** 

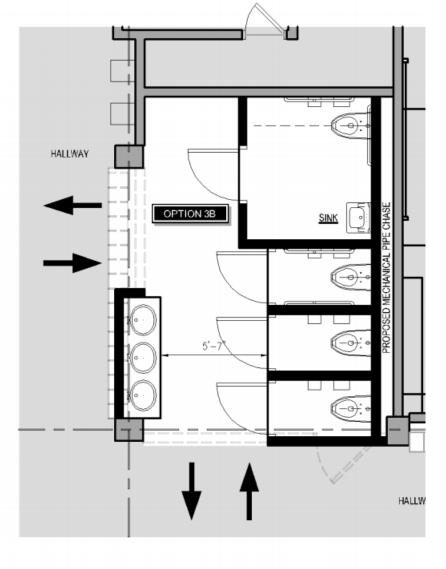
#### [P] 2902.2 Separate facilities.

Where plumbing fixtures are required, separate facilities shall be provided for each sex.

### **Exceptions:**

- 1. Separate facilities shall not be required for dwelling units and sleeping units.
- 2. Separate facilities shall not be required in structures or tenant spaces with a total occupant load, including both employees and customers, of 15 or fewer.
- 3. Separate facilities shall not be required in mercantile occupancies in which the maximum occupant load is 100 or fewer.
- 4. Separate facilities shall not be required in business occupancies in which the maximum occupant load is 25 or fewer.
- 5. Separate facilities shall not be required to be designated by sex where single-user toilets rooms are provided in accordance with Section 2902.1.2.
- 6. Separate facilities shall not be required where rooms having both water closets and lavatory fixtures are designed for use by both sexes and privacy for water closets are installed in accordance with Section 405.3.4 of the *International Plumbing Code*. Urinals shall be located in an area visually separated from the remainder of the facility or each urinal that is provided shall be located in a stall.





3 FIXTURES @ OPPOSITE WALLS
B RESTROOM 2202 FULL DEMOLITION

Urinals: To Be or Not to Be?

### Lessons Learned

- Reach ranges
- Waste receptacle sizes
- Paper towels vs. hand dryers
- Heavy duty coat hooks
- Title of Restrooms may matter
  - SPPS: Inclusive
  - Others: Individual
    - + Private

